

Buckingham Place Senior Day Program September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed for Labor Day	3 9am - Coffee Social 10am - Poem Reading 10:15am - Trivia / Bible study 11:00am -Mindstretchers /Lunch 1:15pm - Ivan 2:45pm - Snack 3:15pm Board games	4 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise 11:00am - Crossword / Lunch 1:15pm Bingo 2:45pm - Snack 3:15pm Late Program	5 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise 11:00am - Client's Choice 11:30 Lunch 1:15pm Bingo 2:45pm - Snack 3:15pm Late Program	6 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise 11:00am - You decide 11:30 Lunch 1:15pm Bocci Ball 2:45pm - Snack 3:15pm Late Program
6 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am - Trivia 11:30 Lunch 1:15pm - Debra Zumba 2:45pm - Snack 3:15pm Late Program	9 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise 11:00am - Word games/ Bible 1:15pm Bingo/ Discusxion Group 2:45pm - Snack 3:15pm Late Program	11 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise 11:00am - Crossword / 11:30 Lunch 1:15pm Tim and Kim 2:45pm - Snack 3:15pm Late Program	12 9am - Coffee Social 10am - Poem Reading 10:15am -Morning excercise 11:00am - Trivia 11:30 Lunch 1:15pm Bingo 2:45pm - Snack 3:15pm Ice Cream Social	13 9am - Coffee Social 10am - Poem Reading 10:15am -Zumba- w/ Liz 11:00am - Trivia 11:30 Lunch 1:15pm Bocci Ball 2:45pm - Snack 3:15pm Late Movie
16 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am - Miindstretchers / Lunch 1:15 Board Games /Discussion group 3:15pm Late Program	17 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise /Bible Study 11:00am - Trivia / Lunch 1:15pm Bingo/ Discussion Group 2:45pm - Snack	18 9am - Coffee Social 10am - Poem Reading 10:15am -Morning Excercise 11:00am - Crossword 1:15pm Debra-Zumba 2:45pm - Snack 3:15pm Late Program	19 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am -Mind Stretching 11:30 Lunch 1:15pm Ronnie and Gerry 2:45pm - Snack 3:15pm Late Program	20 9am - Coffee Social 10am - Poem Reading 10:15am -Trivia 11:45 -Lunch 1:15pm Bingo/ 2:45pm - Snack 3:15pm Late Movie
23 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am - Trivia/Lunch 1:15pm - Bocci Ball 2:45pm - Snack 3:15pm Late Program	24 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am -Trivia /Bible Study 1:15pm - Bingo/ Discussion Group 2:45pm - Snack 3:15pm Late Program	25 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am - Trivia 11:30 Lunch 1:15pm -Nastagic Duo 2:45pm - Snack 3:15pm Late Program	26 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am -Trivia 11:30 Lunch 1:15pm Bingo 2:45pm - Snack 3:15pm Late Program	27 9am - Coffee Social 10am - Poem Reading 10:15am -Zumba- w/ Liz 11:00am - Trivia/ Lunch 1:15 Bocci Ball 2:45pm - Snack 3:15pm Late Movie
30 9am - Coffee Social 10am - Poem Reading 10:15am - Morning Exercise 11:00am -Mind Stretchin 11:30 Lunch 1:15pm Ball toss, Board games 2:45pm - Snack 3:15pm Late Program				